

Tigers come **ROARING** back



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Contact

The Orange & Black, Grand Junction High School, 1400 N. Fifth St., Grand Junction, CO 81501. Phone: 970-254-6900. Adviser e-mail: steve.fox@d51schools.org

GJHS *spooky* stories

The Laughing Girl *told by Mr. Gregory:*

Legend has it that the entire Upstairs U, but most frequently outside the boarded up classroom and the ends of the halls, audio and visual sightings have been made of an elementary aged girl, laughing, singing, and running around the halls at night. When chased, she disappears around a corner and is often heard again, if one is quiet and patient, from inside an empty classroom. "We've had janitors leave... they've walked down and said that there is somebody up-stairs," said Mr. Gregory.

This story has been confirmed by a number of custodians who have worked the Upstairs U over the years, although some refuse to talk about it. The sightings are always similar: The girl is first seen in the hall, then she enters one of the classrooms, and when the person follows her inside, they find the room completely empty although they can still hear her singing or laughing.

This story is extra creepy because we have no reason or idea of why the laughing girl haunts the upper U or even where she came from.

The Abandoned Classroom *told by Mr. Whiteford:*

"A student was killed in there," Mr Whiteford said.

A sealed off classroom in the upper U is where this tragic incident took place many years ago.

The story differs based on what generation it's told by, but apparently sometime in the 1970s a student was murdered in that room and it was so traumatic they had to seal off the entire room because no teacher would dare teach in there. They put lockers over the door to eliminate death from the mind at all.

When alumni comes back to the school, they avoid that hallway altogether. The details of how the incident occurred nobody knows, but if you're quiet sometimes you can hear scratches from the student trying to get out of the classroom.

We have a Pro(m)blem *Told by Mrs. Cronk:*

Many years ago in classroom 120 or the old library (before they built the extension). One night at the prom that was being held in the gym. The prom king and queen were elected and the prom queen thought it would be a good time to tell her boyfriend, the prom king, that she was pregnant.

"He didn't take it well and he got upset," said Mrs. Cronk. The prom queen was destroyed so she ran down to Room 120 (the library) and she hung herself.

Her boyfriend felt bad and came looking for her and found her dead and then he ended up killing himself as well. Custodians and teachers who have been here late at night and that work in that area swear that they hear a baby crying and get a really eerie feeling.



Grand Junction
High
School

CLASS OF 1989

Second time's a charm?

The decision on the bond measure for a new Grand Junction High School building will be decided Nov. 2

by brynley gorman and miah hines

Students of Grand Junction High school will know within a matter of days whether or not they will receive a new school.

The students and staff of Grand Junction High School will wake up in anticipation on Wednesday, Nov. 3, to the results of the voting on a proposed new school building. The existing school, built in 1956, is widely considered to be in need of replacement.

“When you look at how the community views the new building, it takes commitment and we sometimes forget that. Building a new school takes money and that gets passed onto the community and not everybody in the community can afford higher taxes,” stated Meghan Roenicke, principal of GHJS.

The proposed new building would cost at least \$140 million if it does get passed by voters. Students and staff will miss the beauty of the orange bricks and green grass of the original building, but the new building has created a buzz that will surely meet expectations.

“The part for me is I think this building is the prettiest and there will be things that we will lose,” stated Roenicke.

Roenicke is hopeful that the new building will bring a sense of belonging and pride to the students and staff. Drawings of the proposed building have been on display in the school library.

The Proposed Building

This isn't the first time that a new building for GJHS has been proposed.

In 2019, a bond for GJHS was suggested but to no luck; it failed in a November election. The vote showed



that 53 percent were opposed to the idea, and so the bond was not passed.

“I really like the central hub for the new school, the idea of sitting more kids in the cafeteria is cool,” said Roenicke.

‘I really like the central hub for the new school, the idea of sitting more kids in the cafeteria is cool.’

The proposed new building would be three stories high; a difference from the two-story building students currently have along with other classes spread out across multiple buildings. The new building would be built on the same site, near the current tennis courts and baseball field.

The design has the gymnasium and theater programs anchored on one end of the building, with a clear main entrance. All classrooms will be in one building. Initial drawings provide abundant windows, using natural lighting throughout the building.

The new building would be estimated to take around three years to build.

“The architecture showcases what we do really well,” stated Roenicke.

The whole new building itself will reportedly cost about \$3 per month for homeowners whose house costs \$300,000. The bond would be fully paid for in 20 years.

Student Experience

Excitement and hope abound amongst students as we get closer to the bond vote for the proposed new Grand Junction High School.

Many freshmen at Junction are especially excited about the new building. Many agree that a new gymnasium is most exciting for them and they have high expectations and hopes.

“Our gymnasium is about to cave in on us while we’re playing. That’s kind of terrifying,” said GJHS freshman Piper Marshall.

Freshman Jack Kaul has high hopes for a new building and wishes for a big

beautiful gymnasium with lots of windows.

“Walking really far to my classes has been hard and trying to find my classes, especially as an underclassmen. I think it’s hard at other schools too but worse here,” said GJHS senior Lilianna Echanove.

Grand Junction High School is close to surpassing its 75th year. It has lived through many presidents as well as many historical events during the years. It’s easy to say that the building has seen more things than any student at the school.

History and Safety of GJHS

Grand Junction High School as we know it isn’t the first version of GJHS to exist.

The first Grand Junction High School was opened in 1891 on Rood Avenue, according to the School District 51 website. Twenty years later, Grand Junction High School moved to Chipeta Avenue and finally to Fifth Street as we know it today in 1956.

“If this was your house, wouldn’t you want to move?” GJHS teacher Justin Whiteford was quoted asking in the Oct. 1, 2021, edition of the Grand Junction Daily Sentinel newspaper.

The building itself has had

complications from the decaying of the school and settling of the building due to a faulty foundation. The safety for both students and staff has also been interrupted many times.

“Two years ago we had a gas leak in the art building. We’ve also had to evacuate the science classes out of learning because sewage was blocking up the bathrooms. We keep doing things but it doesn’t always work,” said Roenicke.

Many students and staff have had safety concerns because of the age of the building. The history of the school is fragile but so is the building itself. If this proposal does not pass, it is widely expected there will be another vote soon because the current building problems will just get worse.

While it may not benefit them, students hope that this new bond will pass for future generations of Grand Junction High School students. To many, the future of Junction’s pride rests on this bond passing.

EDITOR’S NOTE: *Byrnley Gorman, freshman, and Miah Hines, sophomore, are in a reporting class this semester and teamed up to write this article. They hope to join the Orange & Black staff one day.*

GJHS Building Timeline

1891

Grand Junction High School opens on 6th St. and Rood Ave.

1911

GJHS moves to 9th St. and Chipeta Ave.

1920

A new west wing addition opens at GJHS

1926

A new GJHS gym opens

1956

GJHS moves to 1400 N. 5th St.

1963

New GJHS addition opens

1982-83

New GJHS addition opens

1998

New GJHS addition opens

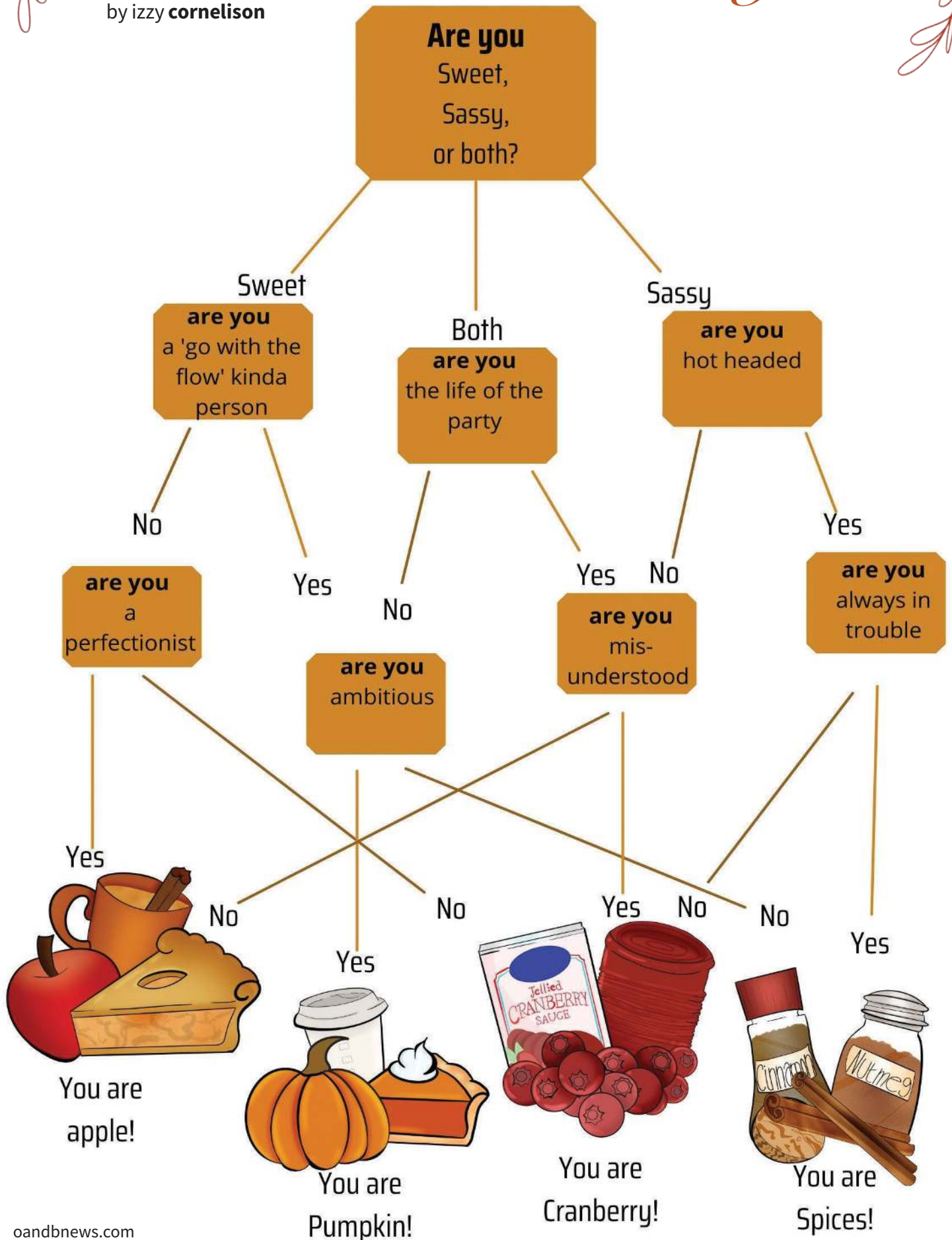
2005

New GJHS addition opens



What Fall Flavor are You?

by izzy cornelison



Lefebvre family at GJHS

story and photo by riley pope

The Lefebvre family is all over Grand Junction High School, spanning from administration to students. The family's impact on GJHS started in 1966 when the oldest of six Lefebvre's started his high school career. Currently, Tom, Larry, Alex, Trey and Tycen are all working or learning inside the walls of GJHS.

While one might think you should keep your family and school/work life separate, this family finds it comforting to have each other around.

"It's fun working with Larry because a lot of the conversations we get to have and just some of the things we have to do to support kids," Tom said.

Tom Lefebvre, the Dean of Students, has been working at GJHS for 20 years after being part of the GJHS graduating class of 1987. As dean of students, Tom helps students with everything from academics to working with other administrators to make sure kids can feel comfortable coming to school.

"My biggest priority here is supporting kids with academics, discipline, and safety," Tom said.

What most students don't realize is that Tom and Larry are brothers. This makes messing around with kids so much more fun for them.

"My nephews [Trey and Tycen] know that they can't sneeze sideways without me knowing about it," Larry said.

Larry Lefebvre, Campus Liaison, is in his

10th year of working at GJHS. He graduated from GJHS in 1975. He enjoys working with his family very much and likes to tease his nephews Trey and Tycen at school.

As campus liaison, Larry Lefebvre deals with everything from disciplining kids to bus duty.

"Whatever comes up, I'm on call for that," Larry said. In their free time, both Tom and Larry enjoy golfing and being outside.

Trey Lefebvre, a junior at GJHS, was nervous about having his dad (Tom) and uncle (Larry) working at his school when he was a freshman but now he thinks it's pretty cool.

"I can have my family members that I trust when I'm at school," Trey said. Freshman year, Trey was called Lefebvre Jr. because the students also knew his dad, Tom Lefebvre.

Apart from being called Lefebvre Jr., Trey has a reputation of his own. Most students know Trey for his outgoing personality and recently for his motivational speeches via Snapchat. Every once in a while, Trey will post a motivational story in hopes of stopping negativity around the school.

"We should spread [positivity] by motivating people and lifting each other up," Trey said.

Tycen Lefebvre, sophomore at GJHS, also enjoys having his family at school with him.

"I get to hear lots of stories about the students' interactions with my family and sometimes it feels like [Larry's] around every corner," Tycen said. Tycen's classmates are always talking about his dad and uncle.

"Oh, I was in your dad's office; Oh, Larry caught me ditching," said Tycen,

recalling stories from his friends. Aside from conversations about his family, Tycen likes to play soccer, basketball and eat Taco Bell.

With the dean of students being their dad, Trey and Tycen know better than to get in trouble at school.

"We do have a standing joke at the house, because I am the dean of students, that if they get in trouble, not to come home. Just go straight to [their] grandparent's house," Tom Lefebvre said.

Tom has never had to worry about that since Trey and Tycen stay out of trouble and are involved in extracurricular activities.

The last Lefebvre at GJHS is a new teacher, Alex. Alex is Lwwarry's daughter-in-law after she married Luke, Larry's oldest son.

"It's a nice feeling, like a great comfort of knowing that you have support from even students, Trey and Tycen as well as some of the administrative staff," said Alex.

Alex teaches business classes such as personal finance, management, principles of marketing, cyber security, and graphic design for business. Alex teaches her cousin (Trey) in High School Business Principles of Design class.

"We are both very professional about it and I just enjoy having him in class. He is a great student, so I can't complain," Alex said. Outside of school Alex spends time with her 7-year-old and 5-year-old children.

This family dynamic Grand Junction High School has only strengthened their relationships and provided comfort for each of them.

"It is just great to be [at school] for [my family]," Tom said.



Examining eating disorders in 2021

How social media impacts eating disorders

by izzy cornelison

According to a study done in 2010, of American elementary school girls who read magazines, 69% say that the pictures influence their concept of the ideal body shape. Nearly half (47%) say the pictures make them want to lose weight. And according to The National Association of Anorexia Nervosa and Associated Disorders (or ANAD), 81% of 10-year-old children are afraid of being fat. These are children. Elementary schoolers.

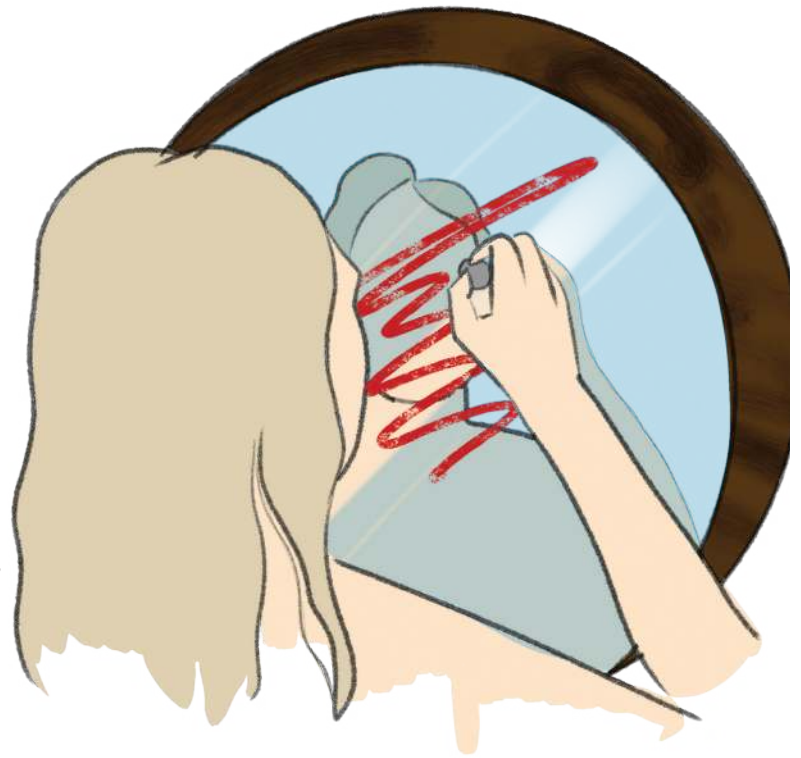
A 2016 study done by Science Direct found a link between consistent social media use and negative body image issues, as well as dieting, self-objectification, and body surveillance. And according to a different study done by Common Sense Media, 43% of teenagers feel bad about themselves if a social media post doesn't get enough likes or comments, and the same percentage has deleted a post because of it. The National Center for Biotechnology Information (or NCBI) states that high social media use is linked with greater odds of developing an eating disorder. Newport Academy tells how five percent of all adolescent girls suffer from an eating disorder. Overall, according to ANAD, 9% of the U.S. population, or 28.8 million Americans, will have an eating disorder in their lifetime. That is slightly more than the current population of Florida. Around 15 percent of teenage girls have some type of eating disorder or eating disorder related behavior.

While these are possibly the most known about eating disorders, other lesser known diagnoses are still just as harmful. Such include Binge eating disorder, much like Bulimia you compulsively overeat, but unlike Bulimia you do not purge or attempt to lose the weight afterwards. Or Avoidant restrictive food intake disorder (ARFID) similar to anorexia with restricting how much food you eat but ARFID has no worry about your weight or appearance. There are more lesser known disorders that are important to research to raise awareness for them.

As stated by all articles and studies previously, social media has had a large impact on eating disorder culture. "A lot of it is about how you view yourself as just a physical human being; like your body, your size, your shape, your face, and all of that but also just as a human being you see people going and doing great things and you feel behind." Mk Prodromides-Law, senior, talks about her experience with social media. "I joined social media...when I was eleven." Prodromides-Law talks about how there are upsides to social media as well "As someone who myself who's in performing arts and just loves arts I love that we get to share it that way and promote it. And also it brings together friends, like I get to talk to my friends from over the seas." "There are a lot of good that comes out of it, there are challenges or trends that encourage people to

donate to charities." "But it's really easy to be nit-picky about it, and the internet and social media [are] so vast and so broad. And it's such a deep deep hole, and it's so much easier to see the bad than [the] good, because that's just how we are as human beings."

One of the most prevalent sites for eating disorder promotion is the side of Twitter known as ED or Pro-ED Twitter. "According to a study done by Norwegian University of Science and Technology (NTNU) these communities have flourished since the early 2000's and usually promote and glorify extreme thinness and unhealthy diets. The communities usually share their "weight loss tips," which they claim as lifestyles and not disordered behavior, or their "thinspiration", which are usually images of unhealthy, underweight people who are usually females. Some other social media sites (such as Instagram, Pinterest, and Tumblr) have blocked or put advisories and helplines on hashtags and keywords that can be linked to the promotion of pro-ED behavior. While Twitter doesn't have any flagged hashtags for possibly harmful behavior, creating the perfect place for these communities to grow.



Graphic by izzy cornelison

If you or someone you know is struggling with an eating disorder there are ways to reach out for help. Call or Text (800) 931-2237. (Call service is available Monday—Thursday, 11am—9pm ET, Friday 11am—5pm ET and the text service is Monday—Thursday 3pm—6pm ET)

You can also do an online chat at the National Eating Disorders Association website, you have the option to be anonymous on the online chat, (From Monday—Thursday 9am—9pm ET Friday 9 am—5 pm ET).

Or call the Colorado Crisis Services Hotline 24/7 at 1-844-493-8255.

High school explanation: the stock market

by danny duffy

The stock market might seem confusing or difficult to get into at first. Many people reach adulthood with very limited financial education.

“It is very important, at the age of 18 you are fully capable of investing your money. The earlier you start the better, so that you will be able to retire

sooner,” said Alex LeFebre, a business teacher at GJHS.

A stock is a small share, or partial ownership, of a specific company. These shares can be bought and sold in various markets. Recently, the most common platform for trading has been online through sites such as Robinhood or TD

Ameritrade.

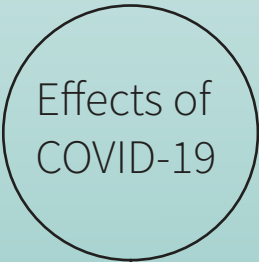
Stock traders can make money by investing in a company when the price of its stock in the market is relatively low and then waiting until the price rises again before selling the stock for a profit. Variation in price can be caused by a variety of

factors, such as governmental regulations or growing demand for certain products. This involves a certain amount of risk, as the market, or prices of a specific stock can crash causing the investor to lose money. However, some stocks encompass more risk than others.

A stock with lower risk typically has a more consistent growth pattern, with less jumps up or down in price, instead looking like a steady upward line. These stocks bring less risk along with them, but do not have the same potential for large growth in a short period of time. The Microsoft stock below is an example of what a steady growth stock looks like.



A stock with higher risk tends to have less consistent growth and fluctuate in price more than others. These stocks are known as volatile. While these stocks bring with them a higher chance to lose money for the investor, they also have the possibility of massive gains. The Tesla stock below is an example of what a volatile stock looks like.



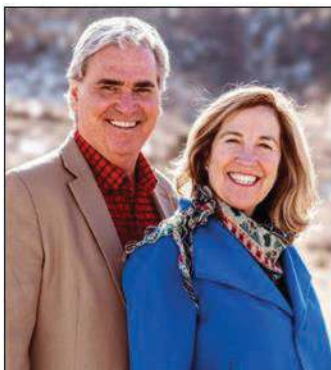
Stocks can be drastically affected by social and economic issues in the world. For example, during the COVID-19 pandemic, many stocks dropped in value due to governmental regulations forcing them to shut down. This can be clearly seen in this Disney stock, which dramatically dropped in early 2020.



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fall recipes

Spice up your fall with these scrumptious pumpkin sweets!

Pumpkin Caramel Bundt Cake

Cake:

1¼ cup granulated sugar
⅓ cup canola/vegetable oil
2 large eggs
1 tsp. vanilla extract
1 can (15 oz) pumpkin puree
1 cup sour cream
2 cups all purpose flour
2¼ tsp. baking powder
1 tsp. baking soda
1 tsp. salt
1 tsp. cinnamon
¼ tsp. ground nutmeg
¼ tsp. ground cloves

Caramel Frosting:

½ cup (1 stick) salted butter
¾ cup light brown sugar
¼ cup heavy cream
¼ tsp. salt
1 tsp. vanilla extract
2 cups powdered sugar

Preheat oven to 350 degrees. In a mixing bowl beat the pumpkin, sugar, oil, eggs, sour cream, and vanilla. In a separate bowl combine dry ingredients (flour, baking soda, salt, cinnamon, cloves, nutmeg, and baking powder). Add to the wet ingredients and mix until just combined. Grease and flour a 9 inch bundt cake pan and pour in mixture. Bake for 40 to 45 minutes. Cool completely before frosting.

Add brown sugar, butter, salt, and heavy cream to a saucepan over medium heat. Bring to a boil. Turn down heat and simmer for approximately 3 minutes. Do not stir during this time. Allow to cool in a mixing bowl then add vanilla and powdered sugar until combined. Add heavy cream as needed to reach desired consistency. Immediately pipe onto cooled cake.

Maple Pumpkin Spice Popcorn

2 Tbsp. brown sugar
2 Tbsp. maple syrup
1½ tsp. pumpkin pie spice
1 Tbsp. butter
5 cups plain popcorn

Add pumpkin pie spice, syrup, and brown sugar to a large pot over high heat. Stir until liquid then add butter until melted. Pour over popcorn and toss till coated.

Pumpkin Chocolate Chip Bread

4 eggs
3 cups all-purpose flour
2 cups sugar
2 cups canned pumpkin
2 tsp. ground cinnamon
1 tsp. salt
1 tsp. baking soda
1-½ cups canola oil
1-½ cups (6ounces) semisweet chocolate chips

In a large bowl mix together the flour, salt, cinnamon, and baking soda. In another large bowl beat together the eggs, pumpkin, oil, and sugar. Next pour the wet mixture into the flour mixture and stir until well combined. Fold in the chocolate chips. Pour the batter into a greased 8-in by 4-in loaf pan. Bake it at 350 degrees for 60-70 minutes or until if you stick a toothpick in the middle it's clean. Let it cool for 10 minutes before removing from the pan! This recipe yields 2 loaves of bread!



GJ tennis state qualifiers

Evan Gear
1 Singles
Jr.

Matthew
Silzell
2 Singles
Jr.

Evan Severs
3 Singles
So.

Jase
Satterfield
1 Doubles
Jr.

Bailey
Rubinstein
2 Singles
Jr.

Nick Silzell
2 Doubles
So.

Christian
Tuttle
2 Doubles
Jr.

Liam
Pomrenke
3 Doubles
Jr.

Isaac Boyer
3 Doubles
So.

Tennis

The GJHS boys tennis team has had a successful season. The Number 1 singles player on the team, Evan Gear (pictured left), had great things to say about his team and his individual hopes.

Even though tennis is an individual sport, Gear said, "We

are actually pretty close knit and have a good connection with each other on and off the court."

This sense of camaraderie is a great strength of the boys tennis team. Nine of the 11 members of the boys varsity team have qualified for and will be competing at state.

Soccer

The GJHS boys soccer team has an impressive overall record of 9-5 and are likely to make the playoffs once again.

One highlight of the season so far was a 3-2 victory over Fruita Monument in overtime. Matty Parkes, a senior and captain on the team, was confident in the Tigers' ability to beat big schools through their teamwork.

"A lot of the teams we play like to play kick and run, but we can keep the ball on the floor and play better soccer," said Parkes

This teamwork has helped put the Tigers in position to win the Southwestern League title and advance to the playoffs.



Football

The GJHS football team has been glad to welcome a brand new head coach, Coach McKee, as they enter an important rebuilding season. They have not been off to the greatest start by the numbers, as they have gone 0-7 to start the season.

"We have had 3 new head coaches so it will just take some adjusting. The farther we get into the season the better off we will

be," said Gavin Walsh, a junior wide receiver on the team.

Walsh also had great things to say about the leadership on the team. "The upperclassmen take great responsibility in leading the team," said Walsh. All of these factors combined mean that GJHS students can look forward to improvement and great games from their Tigers football team in the future.



Fall sports wrapped

by danny duffy



Softball

The GJHS softball team has one of the youngest rosters on campus with just one upperclassmmbers.

“The season has been a bit rough, but it is mostly growing pains and we have improved a lot,” said Polly Senko, the only upperclassmen on the team.

The girls are currently 3-15, but are looking to get better with every game. Although it has been a rebuilding year, there are certainly some good takeaways from the season so far.

“We played together years ago and we know we have our teammates’ backs,” said Senko.

As this extremely young team featuring nine freshmen continues through high school and develops together, the GJHS softball team will soon see better days.

Volleyball

Improvement has been the name of game for the GJHS volleyball team. They currently have a record of 4-17, but are focused on getting better every game.

“It is a lot better this year than last year. We are still a really young team but we are coming together more,” said Jordan

Brown, a junior on the team.

“Our passing is improving and we are close knit.”

This chemistry in combination with getting older and more experienced means a promising future for the girls volleyball team, even if the record does not reflect that right now.



Cross Country

The GJHS cross country team has been outperforming their expectations for most of the season.

The Tigers started the season by winning the first meet and has come away with multiple other individual and team wins since then. This is the best the cross country team has performed for years, and everyone is all in.

“Our team is shaping up pretty good and hope-

fully that means we have what it takes to qualify for state,” said Johnny Flanagan, a senior and captain on the team.

This optimism is shared by the coaching staff and other members of the team.

“Our leadership is good and our coaching is also great,” said Flanagan

Senior Riley Pope has been the top finisher for the girls team and senior Danny Duffy has been the leader for the boys team.



Crazy for CUBES!

by becca nedohon

Grand Junction High School's collection of clubs and extra-curriculars is ever growing and changing.

GJHS announced the Cubing Club is the newest up-and-coming club. Sponsored by teacher Coady Shawcroft, this club will allow students interested in Rubik's Cubes to practice and learn from each other. Sophomore Samuel Guddat is one of the club's first members, as he has been an avid cuber for a long time.

"I was living in China, and my fourth grade teacher was cubing, and I asked him how to do it. Then everyday at lunch I was in his classroom learning how to cube," said Guddat.

The Rubik's Cube was invented by Erno Rubik, a Hungarian design teacher, in 1974. After being pitched to Ideal Toy and Novelty Company, it hit the stores in 1980 and quickly gained popularity. Many

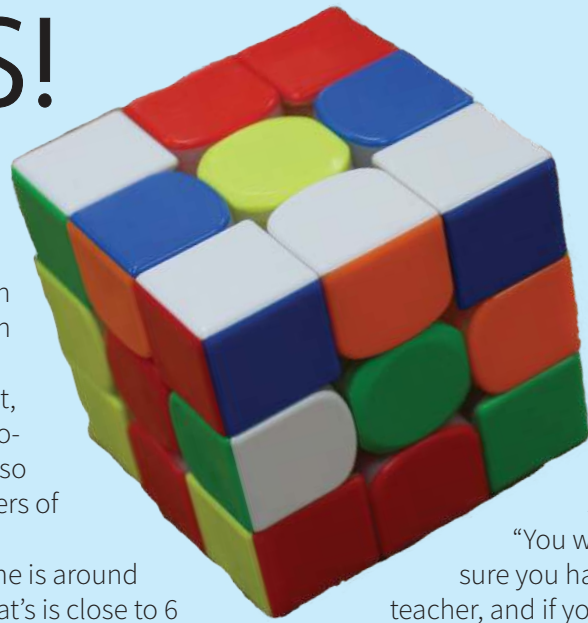
people were eager to solve the three-by-three cube: 100 million cubes were sold within two years.

Along with Guddat, long-time friend sophomore Evan Pipkin is also one of the first members of the club.

Pipkin's fastest time is around 14 seconds and Guddat's is close to 6 seconds.

The first speed-cubing competition ever was organized by Guinness World Records, held in Munich, Germany on March 13, 1981. Jury Froeschl was the winner, with a time of 38 seconds. The following year was the first international competition, held in Budapest, Hungary, on June 5, 1982.

A fair amount of research goes into



mastering your Rubik's Cube.

"There's definitely a lot of resources online," said Pipkin.

"You want to make sure you have a good teacher, and if you know anyone who's also interested it helps a lot to work together."

Cubing can be healthy. Exercising cognitive function, and improving memory and patience, cubing can be beneficial to anyone willing to learn.

Meetings: Mondays and Fridays at lunch in Mr. Shawcroft's room.



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GJHS enrollment spikes

Increased student numbers attributed to new programs, boundary

by ashley guddat

Grand Junction High School has experienced a large increase in student enrollment in the past year. While some might view increased enrollment negatively since classes and hallways are fuller, GJHS principal Megan Roenicke could not be happier.

"The culture here has shifted here in the last few years and I think for the most part, we have a healthy, vibrant, educational community that people want to go to," Roenicke said.

Since 2019, enrollment numbers had been on the decline. The bond issue concerning funding a new GJHS building, which failed in November 2019, is considered by some to be a trigger for shrinking enrollment numbers that continued until the start of the 2021 school year.

"It's really nice, we are getting full again. I think Junction got a lot of good press last year which combatted some of the bad press we got during the

bond season," said Roenicke.

Redrawn school attendance borders, returning students from the online format, and the new P-TECH (Pathways in Technology Early College High School) program GJHS is now offering are some of the reasons enrollment numbers are higher than they have been in five years.

COVID-19, of course, skewed enrollment numbers because many students were uncomfortable with attending in person with masks and opted for the D51 Online School during the 2020-21 year. Now students are back in person and the halls are once again packed with students.

"I think most of my classes are big classes and I see a lot of new people," said Michael Taylor, senior.

Roenicke speculates many students this year are attending Junction because of the relaxed mask policies in the school district. She thinks that families have been on the move

for the past year looking to settle where their kids can attend school without mandated masks. And, with the redrawn attendance borders, the freshman class is bigger than it has been in five years.

"I think we had a lot of interest in our PTECH program, so we have a lot of kids who came here for



Students enter and exit the math building during pass-period in August.

the academics," said Roenicke.

Although both Central High School and Fruita High School also offer P-TECH programs, the program at Junction is based around health sciences/professions. Junction also offers a wide variety of honors and advanced placement classes that attract students every year.

"1,600 students allows us to run a nice selection of offerings in our master schedule... it's a nice fill rate for courses," said Roenicke.

The more students who attend Junction, the more classes that can be offered. Classes such as AP Chemistry that have previously only been offered every other year, can be a more permanent fixture, as there are enough students to fill it.

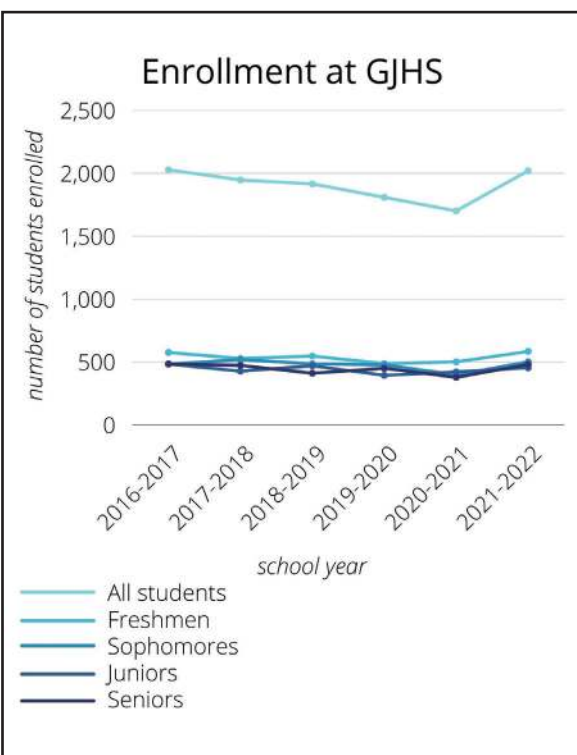
"I'm excited because there are more people to do more things for sports and other activities," said Taylor.

More students also means

a potentially bigger staff in order to manage the influx of students. On the other hand, it could also just mean larger class sizes and teacher flexibility to accommodate the growing number of students.

Now, teachers who previously taught one subject, after the staff cuts last year and the increase in students this year, have taken on new classes they might not have previously taught. Matt Hurni, for example, has previously only taught math classes. This year, however, he has also taken on physics so that it can still be offered.

"It's a wonderful problem to have, that we are too full, especially after being under full," said Roenicke.



How to: college

*We took a survey from 50 seniors at Grand Junction High School.
Here are the top colleges students from GJHS are planning to attend in Colorado

1

Colorado Mesa University

Undergraduate enrollment: 9,000 students

Founded: 1925

Mascot: Mavericks

Top Majors: Business, nursing, exercise science, criminal justice



2

CU Boulder

Undergraduate enrollment: 30,000 students

Founded: 1876

Mascot: Buffalo

Top Majors: Business, engineering, biological sciences, aerospace engineering



3

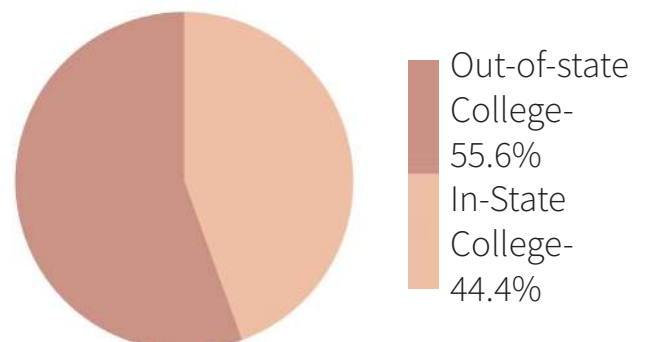
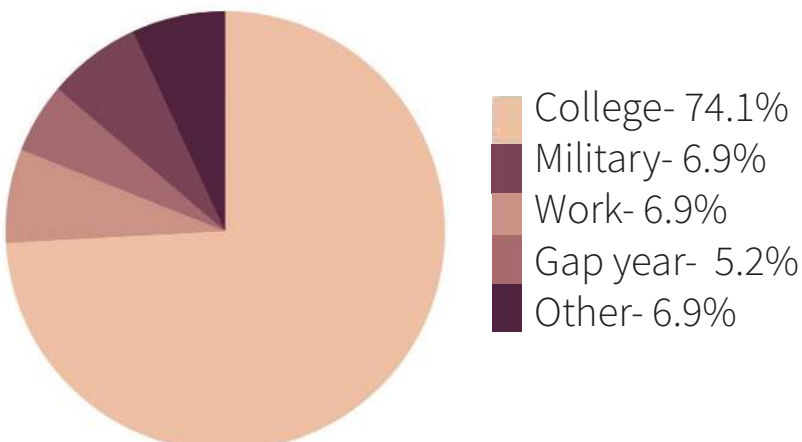
Colorado State University

Undergraduate enrollment: 25,000 students

Founded: 1870

Mascot: Mavericks

Top Majors: Business, social sciences, agriculture/veterinary sciences



Where to start?

Here are some steps you can take after high school:

- Four-year college
- Two-year college
- Trade and certificate programs
- Military
- Gap year
- Working

by alondra
sanchez

Top Colleges:

- University of Southern California
- University of California
- University of Georgia

What to put on your college application:

- School awards
- Job experience
- Leadership experience
- Community service experience
- Internships
- Sports
- Academic achievement
- Standardized test scores
- High gpa
- College prep classes
- Quality recommendations
- Quality essay

Financial Aid:

FAFSA:

The Free Application for Federal Student Aid, or FAFSA, is the document that decides your financial aid from the government and most colleges. The document collects personal and financial information from students and parents, and applies a formula to determine your EFC or expected family contribution. FAFSA is not a loan. It is just an application you fill out to decide if you're eligible to receive a federal loan. Some of the money is free, the rest is earned by doing work, and some must be repaid. To qualify for FAFSA you must have at least a 2.0 GPA on a 4.0 scale (a C average) and you must be passing enough classes with progress to earning a degree.

Top Majors:

- Nursing
- Culinary arts
- Computer sciences

Scholarships:

Scholarships are a gift. There are thousands of different types of them. They are offered by schools, companies, employers, certain individuals, and communities, religious groups, and professional and social organizations. Merit scholarships are when you meet or exceed a certain standard set by the scholarship giver. Merit scholarships can be awarded based on academics, a special talent, interest or trait. There are tons of different ways to get a scholarship. Not just academic success. You can get scholarships for sports, any theatre arts, or art. The possibilities are endless.

Clubs featuring at GJHS

Book Club

Book Club is a mellow yet cheerful environment, where you can discuss books with like-minded people! Members will share current and favorite books with the group, and even attend a Literature Conference in Denver. Book club is a low-key and easy way to make friends with similar interests and tastes, as well as friendly debates about authors, characters and plots.

This club also allows those who enjoy writing to better their writing skills, and engage in critical thinking in an environment outside of the classroom.

"You can talk, or choose not to talk at our meetings. It feels, to me, like a really safe space and I love that in our book club you can read what you want to read, and you're not obligated to read the same book as everyone else," said Pam Middlemas, the club sponsor.

Mock Trial

Having been a club for 22 years, Mock Trial is an awesome academic extracurricular. Sponsored and started by Mark Carris, Grand Junction High School's Mock Trial is the most successful in the valley.

Students interested in a career in law can benefit greatly from Mock Trial, but it's certainly not limited to them. Students of all interests and skill levels can be successful in Mock Trial.

Older students also mentor younger students, and this allows for the teams to really work together when taking up the roles of a courtroom. Practices starting in October will allow for a few weeks of preparation before the first case is released in November.

"We have a strong program and great leadership. We're pretty tied with Glenwood's program at the moment," said Carris. Carris was asked to sponsor Mock Trial 22 years ago and has been doing so ever since, building a successful program for our school.

Ultimate Frisbee

Do you feel out of place in traditional team sports?

Grand Junction High's Ultimate frisbee club is an awesome way for students to get active, learn a new sport, and gain confidence in a more casual environment.

"If we can get to maybe 15 kids interested we might be able to have a competitive club where we travel across the mountains for tournaments," said Steve Brown, the club sponsor.

"There's a thing called the spirit of the game, where we call our own fouls, we call it if we're out of bounds but we're very clear that we play the game for fun."

Meetings:

Video Media: Mondays after school at 3:15

Book Club: Every 2nd and 4th Tuesday of the month at lunch in the library

Ultimate Frisbee: Wednesdays after school at 3:30

Video Media Production

Ever dreamed of being a famous YouTuber? Video media production club is an excellent opportunity for aspiring videographers and editors to learn necessary skills. Sponsored by Steve Brown, members will practice filming, editing and producing quality productions.

"We've created films for the school, local businesses, done advertising, and had kids pursue their own creative projects," said Brown. "I think every student should take the time to learn how to create quality videos and films, because so much of today's society involves communication through film."

Learning the science behind video production also allows watchers to understand how the video works to captivate viewers and influence them. Similar to rhetorical strategies in writing, there are an assortment of strategies in film production.

by becca nedohon
graphics by izzy cornelison

Evolution of **CONVERSE**

From the start

Marquis Mills founded Converse Rubber Shoe Company in 1908 in Malden, Massachusetts. They marketed the shoe under the name "Non-Skids" in 1917 because the company designed it as the forerunner of all modern All Star shoes. The shoe was made up of a rubber sole and canvas upper and designed for basketball players. They started making basketball shoes in 1917 and it got redesigned in 1922. Chuck Taylor asked the company to create a better shoe that was more flexible and had more support. Converse then added Taylor's signature to the ankle of the shoe and they became known as Chuck Taylor All Stars.

picture and story by
alondra **sanchez**

Major events:

Converse All Stars were the official shoes of the Olympic games from 1936 to 1968.

During World War 2 all stars were the athletic training shoes for the U.S. armed forces.

Nike acquired Converse in 2003 for an estimated total of \$305 million and is still marketing for Chuck Taylor All Stars.

Converse filed for a lawsuit against 31 companies for allegedly infringing on its sneaker styles bumper toe, striped midsole, and toe cap. Some of those companies are Walmart, Skechers, and Fila.

The 2010s brought really good collaborations for Converse with the Andy Warhol Foundation bringing the iconic pop-art designs, Maison Margiela created the trademark white paint coat, Commes des Garçons brought the iconic heart and eyes logo, Givenchy gave us black leopard print and white striped sidewall.



Converse Modern

Converse announced a new line of sneakers in June of 2017 only in the United States. It was designed by Hiroshi Fujiwara, Mark Parker and Tinker Hatfield. The shoe was offering more colors like royal blue, silver, green, red, pink, blue and black.

Converse Today

Converse now offers a wide range of colors and prints to mix and match all you want for the low and high top shoes. They have added platform shoes and even shoes that have jagged rubber soles. They have also added a feature to customize your converse any way you would like.

Chuck Taylor All Star '70

Converse launched the Chuck Taylor All Star '70 in 2013, which was similar to the All Stars in the late 1960's and early 1970's that were used for basketball.

This retro shoe was different from the "old" Chuck Taylor All Stars. There were a lot of changes that happened to the All Star shoes over the three decades. The '70 model featured thicker canvas, a higher rubber midsole and foxing, thicker cushioning, a smaller toe cap, extra material that was stitched on the side wall behind the toe cap for reinforcement, a one-piece rubber bottom sole versus the three piece sole on the modern All Stars, and a black heel patch unlike a white one on the modern All Star.

Chuck Taylor All Stars II

Converse released the Chuck Taylor All Stars on July 28, 2015.

They made this new shoe different from the rest by adding some new touches such as higher rubber midsole, a slightly smaller toe cap, elastic bands on the tongue so slippage wouldn't happen and a heel patch that had 3-D letters instead of a flat one and even a sew-on patch on the high-tops that goes on the ankle of the shoes.

Homecoming Week Recap

Powderpuff & Ruff n' Tuff

Junior and Senior girls played flag football (Powderpuff) to kick off Homecoming week at GJHS. Senior girls came out with the win 30-7.

Junior and Senior boys played volleyball proceeding Powderpuff. Junior boys came out with the win.



Homecoming Parade

GJHS had their annual Homecoming Parade downtown from 7th to 2nd street. Many clubs and

teams showed their tiger pride at this event.



Pep Assembly

GJHS' first Pep Assembly in two years consisted of games, cheering and Tiger Pride.



Bonfire

There was a great turn out at GJHS' bonfire on Thursday of Homecoming Week.

Students enjoyed hanging out with friends and eating treats from the Sugar and Ice food truck.



Friday Night Lights

Students and staff went out to support Tiger Football at their Homecoming game against Denver South. Despite their loss, students showed tremendous spirit during the halftime events.

The chariot race took place during halftime and the senior class of 2022 took the win against the other grades.

Homecoming royalty was recognized with freshman attendants, Kayla Jakopic(9) and Dermot Lynch(9), sophomore attendants, Sophia Grasso(10) and Anders Griffin(10), junior attendants, Theresa Crosslin(11) and Blake Sturgeon(11), senior attendants, Caymie Crone(12) and Mason Dibble(12) and Homecoming Queen and King, Rylee Carew(12) and Peyton Brock(12).



by riley **pope**
graphics by alondra **sanchez**
photos courtesy of: GJHS students and O&B staff

Beyond the Reef

On Saturday, October 9th, students packed the gym and danced the night away at the Homecoming dance.





Ghosts aren't real

Sophomore Max Wilson shares his experience working at a morgue as a high school student

by ashley guddat

There seems to be many preconceived notions about working in a morgue: The employers are probably murderers; there are ghosts and zombies that haunt the building at night. Max Wilson, sophomore at GJHS, has first hand experience with such stories, since he's worked at a morgue since he was 14. But he has a different take on it.

"Actually, I think people at the funeral home are some of the nicest people I know," said Wilson in response to these interpretations.

He first started his job when his father, Jason Wilson, was hired at Brown's Funeral Home near Homestyle Bakery on 7th Street. He then started helping out occasionally before starting to earn money for his work.

Wilson typically goes to the funeral home after school until 4:30 to help out with chores, or on pre-need orders (when someone is expected to pass away). He works additionally when there is an immediate need (when someone passes away unexpectedly) since the morgue is understaffed. For Wilson, unlike many employed high schoolers, his job is not a chore.

"I really like being there for people so like just helping out people in need because personally, I haven't had much death, but I've had a lot of friends who had death in their lives and I helped them out with that," said Wilson.

Kelton King, a friend of Wilson, can attest to that.

King's father passed away when he was just 10 years old when he'd only known Wilson for a few months. Despite their

short relationship, Wilson went to the funeral at King's request to support him.

"We've been [friends] ever since. He's always been there for me, he has helped me through everything... he's like my brother at this point," said King.

It's not only a job, it holds a personal connection for Wilson, who has a heart for comforting and supporting people. Although he has a deep attachment to his job, he doesn't often let it affect him emotionally.

"Only recently [has it affected me] with younger deaths because it's kind of hard to see that," said Wilson. "It's only...things when you [can] clearly see mental health wasn't appreciated and stuff like that; it bothers me."

In a way though, working at the morgue has given Wil-

son a new outlook on life.

"In a good way, it's really desensitized me to death. So it's like I know that when a family member passes, I'm gonna be there in the right way and I'm not going to be super worried," said Wilson. Rather than making him dread the death of a family member or friend, Wilson's job has reframed his way of thinking.

"It's kind of like a hope because like I'm not afraid of death, because I know that good things are going to come."

Tigers come ROARING back

This year's graduating class experienced our classic GJHS traditions like pep assemblies, prom, the homecoming parade and bonfire, and spirit days before COVID interrupted everything. Had we not been able to bring back these traditions this year, they would have likely been carried away with the graduates.

School spirit stems from a sense of pride in a school. Many people say our decaying buildings are nothing to be proud of, but the building isn't what makes us a school – it's the people. It's the supportive staff and diverse student body that forms the basis of our school. Even if the ballot measure to build a new GJHS isn't passed (though we're all hoping it is), we can still take pride in the people who are a part of this school's community.

And who's to say we don't have something to be proud of? We have a top tier academic team and wrestling team and our boy's soccer team just made it to the playoffs. Not to mention we host around 25 clubs, from the Planeteers and Art Club to the Peanut Butter and Jelly Club – a wide range for a 1,500 student high school. We also offer approximately 20 advanced placement (AP) classes giving students

a chance to challenge themselves academically. Our theater program is wildly successful. We offer a PTECH program to help students work through college while in high school, earning college credit along the way. We offer four world languages, including American Sign Language – one of the only programs in the district. We are now hosting an Equity Club to promote social justice at our school. These might not be the typical things schools take pride in, but they are worthy of celebration through school spirit.

Junction also has a long history of traditions. We may not have the nicest buildings or the top sports teams, but we have always had a lasting legacy that other high schools don't have. We are the longest serving high school in Grand Junction, which we have always taken pride in. School spirit, however, is not only taking part in our traditions like crowning homecoming royalty and playing in Powderpuff or Ruff-and-Tuff. It is valuing every single student and staff member. It is giving each individual student an opportunity to connect with a group meaningful to them. Having a place for every person to go – that is something to take pride in. And with our

wide array of clubs/activities offered at Junction, we have many ways to connect.

Our homecoming week was a testament to the huge influx of school spirit we have experienced this year as some of our old traditions have been revived. We had record numbers in attendance at homecoming and lots of floats in our homecoming parade. People enthusiastically participated in the spirit days and in the pep assembly. But we've also already witnessed the creation of two new clubs this year: the cubing club and equity club. We are constantly moving and adapting to fit the diverse student body.

Upperclassmen and teachers will always tell you if there is one thing to make your high school years worthwhile, it is to get involved. Yes, it's cliché. You probably rolled your eyes like I did after the 10th time you heard it, but there is always an element of truth to clichés.

Getting involved in a club, a sport, an activity – that is what will boost our school spirit. That is what will give us something to be proud of and help each of you find your place.

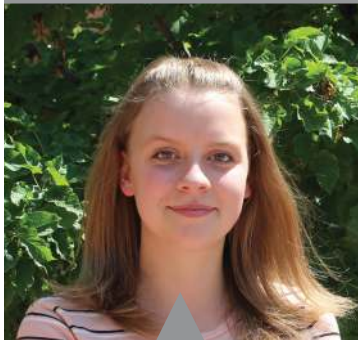
Meet the team:



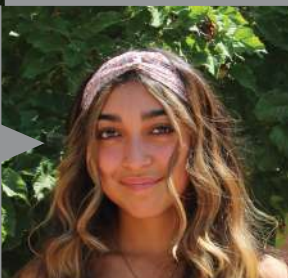
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